

Update – 11th September 2023



Don't carry the worry of cancer with you, if something on or in your body doesn't feel right, the surgery team are here to help.

We know that many people worry about cancer but sometimes put off getting checked because they hope the symptoms will go away or think they will get bad news. But finding cancer early makes it more treatable and can save lives.

It's important that if you are worried about a symptom that could be cancer, to contact the surgery. To rule out cancer, your GP may refer you for tests. Whatever the result, your NHS is here for you. Until you find out, you can't rule it out.

For more information on cancer signs and symptoms please [click here](#).

Flu & Covid Reminder

Our first flu and/or covid vaccinations start this Thursday, with clinics available over the next few weeks. We're also visiting local care homes and pre-schools over the next week, as well as starting to vaccinate our housebound patients.

In the meantime, please don't delay booking your appointment, to help protect yourself, the community, and the NHS as we head into autumn / winter.

To book your appointment, please call the surgery Monday-Friday (after 11am).

01503 266 960 (option 2)

Eligibility 2023-24	
All patients aged 65 years or over at March 31 st 2024	Covid & Flu
Those in long stay residential care homes	Covid & Flu
Persons aged 6 months -64 years in clinical risk groups (see below)	Covid & Flu
Persons aged 12-64 year who live in the same house of someone with immunosuppression	Covid & Flu
Pregnant Women	Covid & Flu
All children aged 2 & 3 on 31 st August 2023 (delivered by the surgery in nursery settings)	Flu
Primary school children (reception to year 6, delivered by the school immunisation service)	Flu
Secondary school children (under review, awaiting an update, although will be delivered by the school immunisation service)	Flu
Carers in receipt of carers allowance, or those who are the main carer of an elderly or disabled person	Covid & Flu
Frontline workers in a social care setting, without an employer led occupational health scheme, including those working for a registered care or nursing home, registered domiciliary care providers, voluntary managed hospice providers and those that are employed by someone who receive direct payments (personal budgets) or personal health budgets, such as Personal Assistants	Covid & Flu

Clinical Risk groups for patients	
6 months to 64 years	
Chronic Respiratory Disease i.e. COPD and Asthma patients taking regular steroids	Chronic Heart Disease & Chronic Vascular Disease
Chronic Liver Disease	Chronic Kidney Disease
Chronic Neurological Disease	Diabetes & other endocrine disorder
Asplenia or dysfunction of the spleen	Patients with learning disabilities
Morbid Obesity – BMI 40+	Severe Enduring Mental Illness

Kind regards,

GP Partners and Team
Old Bridge Surgery