



18 May 2022

Dear all,

Whilst at lower levels, Covid is still here and we are encouraging everyone to keep following precautions and get vaccinated. This includes all 5-11 year olds, plus those patients eligible for the spring booster.

There is a misconception that the virus now only causes mild symptoms. While this may be true for some people, for others it can cause severe illness.

This is particularly true of older people and those with a weakened immune system, for whom vaccine protection may be lower and decline more quickly.

For this reason, people aged 75 and over, those in care homes and those aged 12 and over with a weakened immune system, are being offered the spring booster.

Being fully vaccinated helps reduce transmission, as well as making it less likely that someone with Covid will need to be admitted to hospital.

The nearest walk-in clinics will be held at the Millpool Centre, Looe, on Sunday 22nd May and Sunday 29th May. Drop in any time between 09:30-16:30.

Besides getting vaccinated, we encourage you to continue following the 'hands, face, space and fresh air' guidance and stay at home for 5 days if you feel unwell.

Advance notice we will be closed during the Queen's Jubilee long weekend

We will be closed Thursday 2nd and Friday 3rd June. Don't forget to order repeat prescriptions a couple of days earlier, if you would typically order at this time.

If you need medical advice during this period, please visit our website or NHS 111. To speak with a GP, please use the LIVI app, where you'll get to speak to a GP from the comfort of your own home.

Of course, in medical 'life threatening' emergencies, please continue to call 999. Alternatively call 111 when the surgery and LIVI are closed and our local pharmacies are also there to support too.

Targeted Lung Health-Checks

Three quarters of patients are diagnosed late with lung cancer as there are typically little or no symptoms. To help diagnose lung cancer at an earlier stage, when treatment might be more successful, East Cornwall practices are participating in a pilot for Targeted Lung Health Checks.

Patients recorded by the surgery as ever having smoked, and who are over 55 but younger than 75 years, will be invited for an assessment with an In Health Ltd nurse, with those identified as at high risk of lung cancer being invited to have an immediate low-dose CT scan.

The surgery is not involved in contacting or scheduling patients who have been identified as eligible for a Targeted Lung Health Check. For more information, please [click here](#).

Healthwatch Cornwall launches dementia and memory loss research project

It's Dementia Action Week this week. If you are a carer and provide support to someone living with dementia or memory loss (suspected dementia), you are invited to [click here](#) to complete a short survey to share your experiences of services and support in Cornwall. Additional support information is also available through the link.

Reminder, don't struggle with the Menopause

If you are struggling with the menopause, you can self-refer to a new service being rolled out across East Cornwall. Provided by Bia Care, this is a remote Primary Care service, for people who require support and treatment for the menopause.

Menopause specialist doctors deliver virtual group consultations, with up to six women in an hour-long consultation. To find out more, [click here](#). To self-refer [click here](#).

Looe Surgery Renovations

Our renovations are coming to an end and are on schedule to be completed by the end of May. Coinciding with the removal of the portacabin, thank you for your continued support and patience.

Finally, however you are celebrating the Queen's Platinum Jubilee, have fun and stay safe.

Partners

Old Bridge Surgery